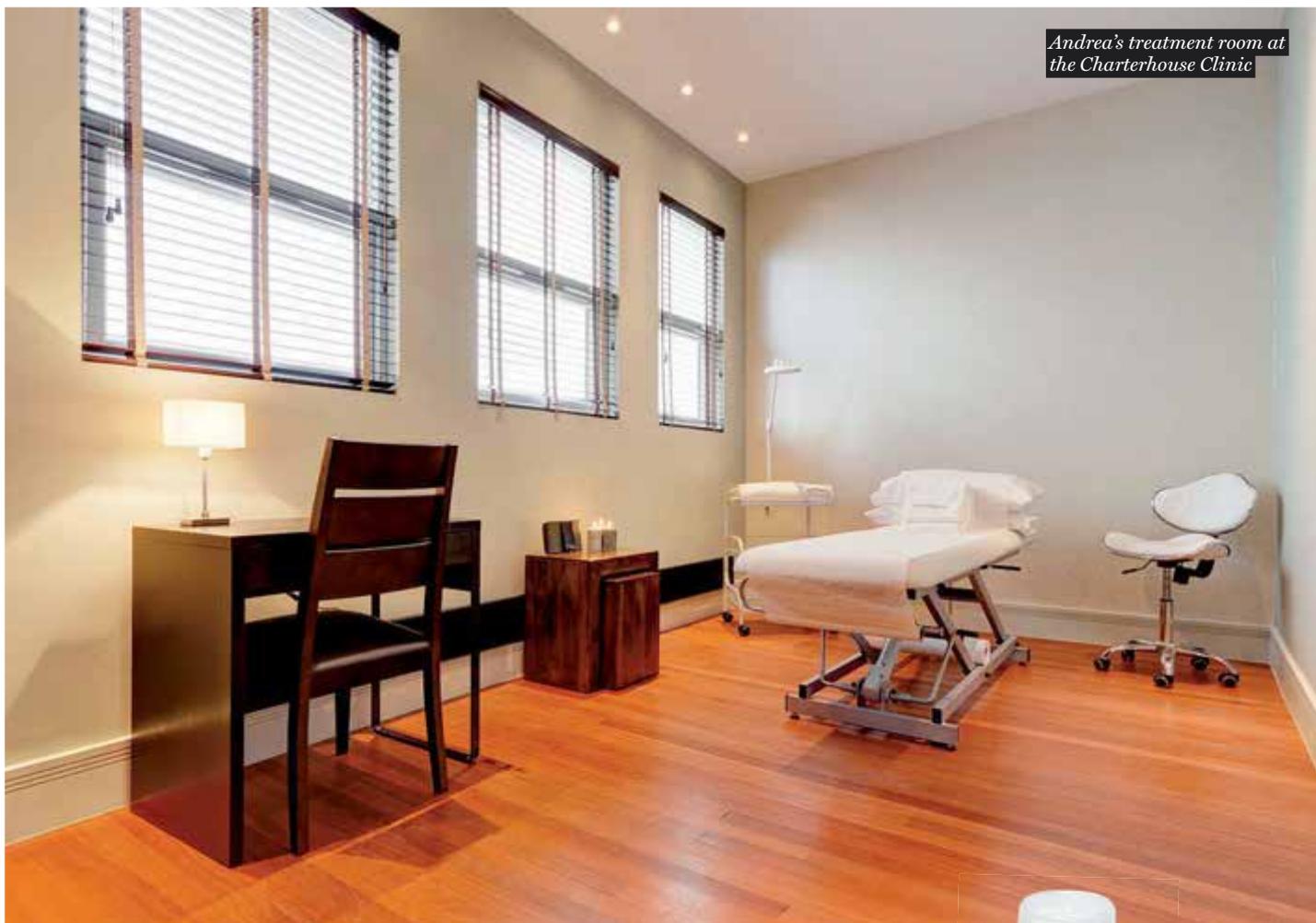


Tried & Tested



Andrea's treatment room at the Charterhouse Clinic



ANDREA LAWRENCE (TOULOU)

The first thing you notice about Andrea Lawrence is her beautiful complexion, which is just as it should be as she is the founder of Toulou Organics Skincare, a premium skincare range that is fast earning a reputation amongst those in the know. Andrea originally launched her range to combat her own dry skin: 'The products I was using at the time were causing the dryness because they contained chemicals that irritated and dehydrated my skin.'

In her search for products to help her skin, Andrea, a lawyer by profession, qualified as an aromatherapist and started creating her own blends. And soon Toulou Organics (Senegalese or Senegambian for the word butter) was born. The products are all handmade using certified organic ingredients from around the globe including essential oils, fruit, vegetable oils and butters.

More recently, Andrea has expanded the business to include facials, using her own products. Now celebrities and members of the public alike flock to the Charterhouse Clinic, located in the heart of Marylebone, to experience the organic Hydraderm and Advanced Glo Therapeutics Peel facials.

On my visit I chose to have the Mandelic Peel. My skin was first assessed by a scanner, which flagged up problems areas: an oily T-zone, dehydration in several areas due to over-exfoliation and dry eyelids. Andrea gave me the Mandelic 15% Peel. This is recommended for darker skins as it's one of the most gentle fruit peels and doesn't cause skin to darken (hyperpigmentation), or even lighten (hypopigmentation), unlike some of the more aggressive peels. The peel helps get rid of dead skin and it helps unclog blocked pores and even the skin tone. Organic Rose Water and Jojoba, Papaya & Niaouli Face Crème were used to finish the treatment.

I love the fact that this is a natural skin range and that I am feeding my skin with ingredients that are good for it. Andrea told me that my skin would be more receptive to nutritional and therapeutic skincare products that would help improve its appearance, condition and health. I also liked the way the facial made my skin feel, it hasn't looked this clear in a long time.

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Tel: 020 8213 3205 or visit www.charterhouseclinic.com BB&H**

Toulou Organics Skincare includes hand milled soaps, body crèmes the texture of whipped desserts and an anti-ageing line



Organic Daily Cleanser, £14.50

Organic Rose Flower Water, £12

Youthful Rosehip Seed Oil & Neroli, £30